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Plasma IQ™ Pre and Post Care

PRE-CARE RECOMMENDATIONS

- Avoid sun exposure or tanning beds for 2-4 weeks before treatment.
- Ideally, begin applying sunscreen for 2-4 weeks before treatment.

POST-CARE RECOMMENDATIONS

- There may be stinging in the treated area immediately following treatment. This is normal and typically lasts for about an hour, but some variation in time may occur.
- DO NOT pick at or scratch at scabs during the healing phase, which typically lasts 5-7 days. This may delay healing or affect outcomes.
- Avoid touching or cleansing the area for at least 12 hours after the procedure. In case of infection, consult with your physician.
- Continue to apply moisturizer or occlusive balm (e.g. petroleum jelly) during the healing phase twice daily after gentle cleansing.
- Avoid sunlight, exercise, heat, steam, or sweat for 48 hours after the procedure. After 48 hours, apply sunscreen to the treated area daily.
- DO NOT use makeup or products other than sunscreen/moisturizer/occlusive balm on the treated area until scabs have fallen off.

IMPORTANT: Please also review the product label in consultation with your treating physician.

See post care instructions