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Sclerotherapy Post Care Instructions

1. Keep the treated veins original dressing for 24 hours. The cotton ball and wrap help compress the vein immediately after treatment. Compression hose, knee high vs thigh high should be worn (on in the morning and off at bedtime) for 1-2 weeks. They can be found at any pharmacy or sporting good store.
2. Avoid vasodilating activities such as: saunas, hot tubs, pedicures, aerobic activity
3. Avoid sun exposure and this can cause hyperpigmentation
4. Pain is usually minimal and goes away in 1-2 days. If you experience discomfort you may take Tylenol or Extra-Strength Tylenol. If you experience any significant pain, redness, swelling, bleeding, crusting, blistering then please call the office immediately.