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Silhouette InstaLift Post Care

POST-CARE RECOMMENDATIONS

- After treatment, slight swelling or bruising may occur. Sometimes, a slight depression or skin irregularity may appear at the insertion points. These typically disappear a few days after treatment, but some variation in time may occur.
- Apply cold packs immediately after treatment, if required (the cold packs should be wrapped to avoid direct contact with skin and insertion points).
- Acetaminophen may be taken in case of pain (2-3 days).
- Refrain from applying makeup for as long as possible. Makeup may be gently applied after a minimum of 24 hours.
- Sleep face-up, elevated on pillows for 3 to 5 nights.
- Do not rub face aggressively when washing, shaving, and/or drying face for 5 days; be gentle.
- Avoid excessive neck and facial movements for 2 weeks.
- Avoid participating in high impact sports, e.g., running, for 2 weeks.
- Avoid exposure to direct sunlight and UV light for 2 weeks.
- Do not use saunas for 3 weeks.
- Avoid dental surgery for 3 weeks.
- Avoid facial or face-down massages and facial aesthetic treatments for 4 weeks.

IMPORTANT: Please also review the product label in consultation with your treating physician.