

Shannon Kibble - APRN, CPN shannon@alignbodywellness.com 11031 South Memorial Drive Tulsa, OK 74113 918.917.9108 office / cell

Post Care Dysport™/Botox™

Please review the following information carefully to achieve optimum results and the most comfortable recovery after your treatment. Avoid manipulation of the treated area for 3-4 hours following treatment. Do not massage any of the areas of your face that were treated with the Dysport™/Botox™. This could spread the Dysport™/Botox™ into an area of the muscle where we do not want it to migrate. However, facial exercise in the area of the treatment is recommended (frown/smile). It will encourage the product to move throughout the muscle in a uniform manner.

Do not exercise strenuously after your Dysport™/Botox™ treatment for 24 hours.

It is not uncommon to get a small reddened area or even a bruise at the site of injection. If this should persist or be of significant concern, please call the clinic to schedule a follow up visit.

Keep your head elevated after your Dysport™/Botox™ treatment. Please remain upright for 3-4 hours following treatment.

The Dysport[™]/Botox[™] will take effect several days after your treatment. This time varies from patient to patient and even from treatment to treatment. The average amount of time for the injected product to become evident in its effectiveness is 3-5 days. However, complete results will continue to become apparent for the first 2 weeks after your treatment.

A follow-up appointment may be scheduled 2 weeks after the initial treatment to allow the $Dysport^{TM}/Botox^{TM}$ sufficient time to become completely effective. If an area requires a touch-up treatment, additional $Dysport^{TM}/Botox^{TM}$ may be purchased and administered at the per unit price.

Dysport™/Botox™ will usually need to be repeated at 3 month intervals for several treatments to be most effective, although many find that they are able to lengthen the interval after several rounds of Dysport™/Botox™. Your next appointment may be scheduled today to assure that you will remember to come in for your next treatment, or you may call us at your convenience.